# 2018 Rural Community games

Sponsored by Mercedes-Benz of King's Lynn

Enter your village team now! Email: adam.garford@aliveleisure.co.uk



Organised by West Norfolk Community Sports Details of dates & sport categories available at www.aliveleisure.co.uk/alive-sports-development 01553 818018





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### Archery

#### Sunday 22nd April 10am-2pm | Lynnsport Barn

Your team will be a maximum of 3 adults & 3 children. Juniors 8-15yrs & adults 16+ yrs. The session will include a teach-in as well as a competition so all abilities can enter



**APRIL** 

#### Netball Friday 8th June 6-9pm | Lynnsport Barn

Villages can enter a junior and adult team. Each team needs 7 players and must consist of a minimum of 3 males. You can have up to 4 substitutes if you want to swap people in and out. Adult teams are 16yrs+ and junior teams are 12-15yrs.



#### **Rounders** Friday 20th July 6-9pm | Downham Market, Memorial Field

Brining everyone together to play, the Seniors and Juniors combine to form a team of nine players (minimum of six) comprising a minimum of 5 Juniors, at least 2 of whom should be under 12.



# Table TennisWednesday 29th August 6-9pm | Lynnsport tabletennis centre

Both adults and juniors are invited to enter this competition. Adults must be aged 16 yrs+ and must be a mixed team of doubles. Juniors aged 8-15 yrs can be mixed doubles, all male or all female doubles.



#### Badminton Friday 12th October | Terrington St Clements High School

Both adults and juniors are invited to enter this competition. Adults must be aged 16 yrs+ and Juniors aged 8-15 yrs. This is an individual competition and males and females will play against each other.